

STIR FRIED VEGETABLE NOODLES

INGREDIENTS

1	Nest	Egg Noodles
100	Gms	Diced Onion (approx. 1/3rd)
100	Gms	Diced Carrot (approx. 1/3rd)
80	Gms	Diced Pepper (approx. 1/3rd)

ALLERGENS

Contains Gluten and Eggs

METHOD

1. Soak the noodles in cold water overnight. Once soft strain and reserve.
2. In a frying pan fry off the vegetables in a little oil until cooked through.
3. Add the noodles to the vegetables and heat through while constantly mixing.
4. Add any sauce that you like from your cupboards such as sweet chilli, splash of soy sauce, hoisin etc.
5. Once heated through serve immediately.

