

# VEGETABLE FRIED RICE

## INGREDIENTS

100	Gms	Rice
100	Gms	Diced Onion (approx. 1/3rd)
100	Gms	Diced Carrot (approx. 1/3rd)
80	Gms	Diced Pepper (approx. 1/3rd)
10	Gms	Vegetable soup mix
110	Mls	Boiling water
40	Mls	Cold water

## ALLERGENS

Contains Gluten and Egg

## METHOD

1. Place the rice in the pan with **250ml** of cold water and bring to the boil. Once boiling turn down to a simmer until **2/3rds** cooked.
2. In a separate pan fry off the vegetables in a little oil until cooked.
3. Mix the vegetable soup mix into the **40ml** of cold water until there are no lumps left, then mix into the **2/3rds** cooked rice. Continue cooking the rice adding more water if needed.
4. Once cooked add the rice and vegetables together and serve immediately.

